

SPONSORED BY: American Hormones, Inc.

Age-Management, Bio-Identical Hormones and Diagnostics Conference

(8.0 Category II CME)

OCTOBER 5, 2013

8:00 AM – 5:00 PM

ADOLPHUS HOTEL

1321 Commerce Steet
DALLAS, TEXAS



SPEAKERS

Ashok Kadambi, M.D., F.A.C.E.
Board Certified Endocrinologist

Govind S. Gill, M.D.
Endocrinologist

Erika Schwartz, M.D.
Founder & CMO,
Age Management Institute
Founding Director,
Bioidentical Hormone Initiative

AGENDA

BREAKFAST 7:30 – 8:00 A.M.

REGULATORY/PRACTICE ISSUES 8:00 – 8:20 A.M.

- *FDA/DEA regulation of compounded hormones*
- *Evidence-based medicine*
- *How to order compounded hormones*

ESTROGENS I 8:20 – 9:00 A.M.

- *The difference between Natural (Bio-Identical) Estrogens vs. other kinds of Estrogens*
- *Benefits of Estrogen replacement*
- *How to diagnose Estrogen deficiency*
- *How to initiate replacement therapy*
- *Oral vs. topical Estrogens*
- *How to initiate dose based on clinical response and laboratory values*
- *Contra-indications and side-effects*

ESTROGENS II 9:00 – 9:45 A.M.

- *Not all hormones are created equal*
- *Why Bio-identical Hormones*

BREAK 9:45 – 10:00 A.M.

PROGESTERONE I 10:00 – 10:45 A.M.

- *Progesterone vs. progestin*
- *Benefits of Progesterone replacement*
- *Diagnosing Progesterone deficiency*
- *Recognition of Estrogen dominance*
- *Initiating treatment: oral, sublingual vs. transdermal*
- *Monitoring treatment: serum vs. salivary levels*
- *WHI study conclusions*

PROGESTERONE II 10:45 – 11:30 A.M.

- *Systemic benefits of Progesterone*
- *Synthetic vs. Bio-identical Hormones*

TESTOSTERONE 11:30 A.M. – 12:30 P.M.

- *Review of literature*
- *Benefits of Testosterone*
- *Diagnosing Andropause*
- *Initiating therapy*
- *Topical vs. injection*
- *Safety issues including discussion of prostate cancer risk*
- *Testosterone for women*

LUNCH 12:30 – 1:15 P.M.

CARDIO-METABOLIC SYNDROME 1:15 – 2:00 P.M.

- *Insulin resistance and lipid metabolism*

GUEST SPEAKER (TO BE ANNOUNCED) 2:00 – 2:45 P.M.

BREAK 2:45 – 3:00 P.M.

BIOMARKERS OF AGING AND DIAGNOSTICS 3:00 – 3:45 P.M.

- *Screening for hormone imbalances*
- *Interpretation of tests*

THYROID 3:45 – 5:00 P.M.

- *Diagnosing Thyroid hormone insufficiency*
- *“Normal” vs. “Optimal” levels*
- *Choice of Thyroid hormone: Levothyroxine vs. combination T4/T3 therapy*
- *Monitoring replacement with Thyroid hormones*
- *Side-effects and trouble shooting*

COCKTAILS AND DINNER FARE 5:00 – 7:00 P.M.

*PLEASE COME AND MEET THE SPEAKERS AND OUR REPRESENTATIVES FOR A DISCUSSION OF PRACTICE AND BUSINESS DEVELOPMENT.

ASHOK KADAMBI, M.D., F.A.C.E.: Board Certified Endocrinologist and President, Fort Wayne Endocrinology, Fort Wayne, IN, Dr. Kadambi is an early pioneer and expert in the field of bio-identical hormone replacement therapy. He manages a thriving business practice and is a popular speaker on HRT and a variety of other topics.

ERIKA SCHWARTZ, M.D.: Founder & CMO, Age Management Institute and Founding Director, Bioidentical Hormone Initiative. Dr. Schwartz has written four best-selling books, hosted her own PBS pledge special on bioidentical hormones and appeared on various news programs.

GOVIND S. GILL, M.D.: Certified Endocrinologist and Medical Director of an Age-Management Clinic in Poughkeepsie, NY.

HOTEL & REGISTRATION INFORMATION

ADOLPHUS HOTEL

1321 Commerce Street, Dallas, Texas 75202
(214) 742-8200 | www.adolphushotel.com
\$159.00/night

Course Fee: \$245.00

Seating Limited to 40 Participants

Register by September 20, 2013

REGISTRATION by mail/fax/phone:

American Hormones, Inc.
69 West Cedar Street
Poughkeepsie, NY 12601
(888) 801-5777 | Fax: (888) 553-5425
admin@americanhormones.com

Name: _____

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Make Checks Payable to American Hormones, Inc.

Credit Card: MC Visa AMEX Exp Date: _____

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Signature: _____

Dear Colleague,

The cornerstone of the AMBHD conference is to provide you with a full day of treatment guidelines along with the scientific basis for Hormone Optimization regardless of your specialty.

At the conclusion you will learn how to screen your patients for hormone imbalances and custom compound treatment regimens for your patients. You will also learn how to integrate nutraceuticals into your practice.

At the end of the conference you will have an opportunity to meet our speakers and the staff of American Hormones, Inc. and learn how you can introduce these services and products into your practice and be on the cutting-edge of this emerging field.

American Hormones, Inc.
69 West Cedar Street
Poughkeepsie, NY 12601

