Saturday, June 20, 2009
Hotel Pennsylvania ~ New York City
9:00 a.m. ~ 5:00 p.m.
8.0 Category I CME
Presented by:
Fort Wayne Medical Education Program
& Fort Wayne Endocrinology

BIO-IDENTICAL HORMONES:
A Comprehensive, Practical, Evidence Based Approach to Hormone Replacement Therapy
Ashok Kadambi, M.D., F.A.C.E.
Board Certified Endocrinologist and President, Fort Wayne Endocrinology, Fort Wayne, IN, Dr. Kadambi is an early pioneer and expert in the field of bio-identical hormone replacement therapy. He manages a thriving practice and is a popular speaker on HRT and a variety of other topics.

Visit us at www.ftwendo.com for details.

Presented By
Fort Wayne Medical Education Program
and

Fort Wayne ENDOCRINOLOGY
a progressive approach to hormonal balance

BIO-IDENTICAL HORMONES:
A Comprehensive, Practical, Evidence Based Approach to Hormone Replacement Therapy
Saturday, June 12, 2010
Sunday, June 13, 2010
Intercontinental New York Barclay Hotel
New York, NY
13.0 Category I CME
Presented by:
Fort Wayne Medical Education Program
& Fort Wayne Endocrinology
Saturday, June 12

BREAKFAST 9:00 - 9:30 A.M.

ESTROGENS 9:30 - 11:30 A.M.
- The difference between Natural (Bio-identical) Estrogens versus other kinds of estrogens
- Benefits of Estrogen Replacement
- How to diagnose Estrogen Deficiency
- How to initiate replacement therapy
- Oral versus topical estrogens
- How to initiate dose based on clinical response and laboratory values
- Contra indications and side-effects
- WHI study conclusions

PROGESTERONE 11:30 A.M. - 12:30 P.M.
- Progestrone versus progestins
- Benefits of Progestrone replacement
- Diagnosing Progesterone deficiency
- Recognition of Estrogen dominance
- Initiating treatment: oral, sublingual versus transdermal
- Monitoring treatment: Serum versus Salivary levels
- Titrating dose for optimal effect
- WHI study conclusions

LUNCH 12:30 - 1:30 P.M.

TESTOSTERONE 1:30 - 2:45 P.M.
- Review of literature
- Benefits of Testosterone
- Diagnosing Andropause
- Initiating therapy
- Topical versus injection
- Monitoring therapy
- Safety issues including discussion of prostate cancer risk
- Testosterone for women

DHEA 2:45 – 4:00 P.M.
- Review of adrenal metabolism
- Diagnosing and treatment of Chronic Fatigue
- Melatonin
- Red Yeast Rice and Guggal Extract for Hyperlipidemia
- 5 HTP for mood and depression
- Vitamin D

BREAK 4:00 - 4:15 P.M.

DIAGNOSTIC LABORATORY TESTING 4:15 – 4:45 P.M.
- Presented by Goward S. Gill M.D., Laboratory Director, Endolab

CASE STUDIES/Q&A 4:45 – 6:00 P.M.

Sunday, June 13

BREAKFAST 8:00 – 8:30 A.M.

THYROID 8:30 – 9:30 A.M.
- Physiology
- Is combination T4/T3 better
- Observation
- Clinic Impact
- Thyroid Replacement
- Conclusion

HGH USE IN ADULT GROWTH HORMONE INSUFFICIENCY 9:30 – 10:00 A.M.
- Aging
- GH and the Brain
- GH and Bone Health
- GH and Coronary Information
- GH and the Heart
- Long Term Effects of GH
- Conclusion

BREAK 10:00 – 10:15 A.M.

VITAMIN D 10:15 – 10:45 A.M.
- Deficiency of Vitamin D
- Toxicity of Vitamin D
- What to Measure
- Range of 25 OH D3
- Treatment with Vitamin D3

USE OF SUPPLEMENTS IN DISEASE PREVENTION 10:45 – 12:00 A.M.
- Omega 3 Fatty Acids
- Iodine and Minerals
- Antioxidants

LUNCH 12:00 – 1:00 P.M.

EVALUATION OF FATIGUE 1:00 – 2:00 P.M.
- Actual Role Play of Doctor/Patient with complaint of Fatigue

CASE STUDIES/Q&A 2:00 – 3:30 P.M.

The Fort Wayne Medical Education Program is accredited by the Indiana State Medical Association to provide continuing medical education for physicians.

The Fort Wayne Medical Education Program designates this educational activity for a maximum of 8.0 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

If you need auxiliary aids or services with regard to a disability, please contact Jennie at (260) 436-1248 ext. 18.

Planning Committee: Ashok Kadambi, MD, Angela LaSalle, MD, Connie Gorrell, RN, BSN, and Kathy Palo, NP

Hotel & Registration Information

Reserve hotel accommodations by May 28, 2010
Intercontinental New York Barclay
111 East 48th Street, New York, N.Y.
1-800-327-0200

“BIO-IDENTICAL HORMONES:
A Comprehensive, Practical, Evidence Based Approach to Hormone Replacement Therapy”
Saturday, June 12, 2010 9 A.M. - 6 P.M. and Sunday, June 13, 2010 8 A.M. - 3:30 P.M.

Fee: 1. Two day course is $395.00
2. Course and 3 day preceptorship is $1,500.00, which includes an intensive 3 day preceptorship to be scheduled after the conference where the participant will receive hands on training at Fort Wayne Endocrinology. Unlimited support for 1 year is also included.

Register by May 28, 2010

Seating limited to 30 participants
Send registrations by mail or fax to:
Bio-Identical Hormone Conference

FORT WAYNE ENDOCRINOLOGY
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